

Dear Parent,

Thank you for contacting Midcourse Correction about our weekend Challenge Camp program. We look forward to working with your son or daughter and embarking on the journey to personal, social, and spiritual growth and anticipate their success.

Challenge Camps are scheduled one to two times a month throughout the year. The cost of the camp is \$495, payable only to Midcourse Correction. To enroll your son or daughter, please fax or email the completed registration forms, along with payment made payable to Midcourse Correction. Please refer to our Registration page for our cancellation policies. We accept Visa, MasterCard, Discover, and American Express.

Enclosed you will find a description of the Midcourse Correction Challenge Camp program, a detailed list of what to bring, and the address to Chenango Lake Retreat, our campsite.

Before sending your child's registration form and payment, please call to complete a phone screening for your child. This interview ensures your child is a good fit for our program.

Please note the following times before arriving at Challenge Camp.

- Registration takes place Friday between 6:00-7:00 p.m. on the weekend you selected for your child. Please plan to attend a short orientation between 7:00 p.m. and 7:30 p.m.
- The Midcourse Parenting seminar is at 11:00 a.m. on Sunday. This session is highly recommended to ensure the success of your child's participation in the program. It is for all parents and family members who support your child daily.
- Graduation and pick up is at 1:15 p.m. Sunday. If someone other than a legal parent or guardian will pick up your child, we will need a signed note from you on Friday.

Thank you for inquiring about Midcourse Correction.

**Belay On!** 

833 E. GRAND RIVER AVE. HOWELL, MI 48843 810-227-0243 admin@midcoursecorrection.org

ABOUT CHALLENGE CAMP WEEKEND

Midcourse Correction runs an outdoor challenge camp for at risk youth. Our lead staff members have over 30 years of experience in various youth programs. Our primary objective is to help campers develop self-efficacy and a more complete understanding of the impact their choices have on themselves and others.

The program is an intense and highly structured 46-hour training, implementing tools such as calisthenics, high adventure ropes courses, drill and ceremony, marching, and teamwork initiatives. Our supervisors run a lecture series, which includes videos, throughout the weekend and cover the following topics:

#### A Life Behind Bars/A Walk Through Jail

This session is given to the campers by a guest speaker who has walked through the life of prison as a teenager into adulthood. The speaker provides lessons, pictures, and stories of what their life will become if they do not change their present behaviors and decision-making.

#### **TRUE COLORS**

Campers take a personality assessment in this session. We use the results to discuss and reflect on who we really are instead of who we seem to be.

#### What's to Become of Me

This session discusses how all choices have consequences for our future. We emphasize the need to develop our mental, physical, social, and spiritual areas to become balanced.

#### Life On the Wire

This creative session is designed to show how positive and negative decisions have impacted participants' lives. We also examine the impact outside sources have had on our lives, such as family and friends.

## What You Believe Is Not What You Think/Anger Management

This session focuses on how the world will view us on our actions. Our actions must align with what we say, believe, and value; otherwise, we have only succeeded in fooling ourselves.

#### **Does It Really Work?**

Midcourse has an 87-93% success rate whether a youth comes from a private or public referral. With the help of their families, counselors, probation officers, and other people, these youths leave Midcourse with a greater sense of self-efficacy and a more complete understanding of the impact of their choices on themselves and others.

#### **Specific Goals for Participants**

All Midcourse Correction participants will...

#### Develop

- analytical thinking and problem-solving skills.
- confidence through new experiences and accomplishments.
- strategies to recognize and curb negative attitudes and actions.
- strategies to seek support from family, teachers, counselors, coaches, and pastors.

#### Analyze

• collaborative skills and coping strategies for facing adversity.

- a variety of appropriate reactions to potentially challenging life experiences.
- personal strengths and encourage their emotional development. areas of personal, social, and spiritual growth.

#### Challenge

- physical and mental abilities to build a strong work ethic.
- false perceptions of self, including low self-esteem and negative self-talk.

#### **Program Includes**

- Two nights lodging
- 24-hour supervision by 2-3 Challenge Camp Drill Instructors
- 5 meals, starting with dinner on Friday through Sunday breakfast
- Weekend evaluation sent to a referral source (parents or courts) within the following week.
- Parenting Session begins Sunday at 10:00 a.m. before graduation.

### **Program Cost and Requirements**

- The cost of Challenge Camp is \$495 per camper per weekend. We require a minimum payment of \$150 (\$150 non-refundable) deposit to reserve your space, and FULL payment must be paid by Thursday at 3 pm the day before camp begins.
- The cost for our repeater Challenge Camp program is \$395 per camper per weekend.
- The cost for our Level Ground program that works with our 6-10-year-olds is \$195.
- The cost for our mentorship program, also called Honor Company, is \$350 per youth per camp, which includes four topics throughout the year.
- For cancellations, we require a 24-hour notice. We will keep the \$150.00 nonrefundable registration fee active for up to 30 days to be applied towards another camp. For registrations after 30 days, the \$150 non-refundable registration fee will be forfeited.
- Complete the online Registration Form online
- This program demands the full participation of all attending youth. Potential campers who may be physically impaired or limited because of casts, splints, stitches, etc., may be ineligible.

#### **Camper Evaluation**

Instructors evaluate each participant upon exiting the program in the areas of Attitude, Cooperation, and Effort. The camper must score a 6.0 or higher on a scale of 1 to 10 to pass. Campers who score less than 6.0 are strongly encouraged to return to camp at the next available camp date. Campers who pass are eligible for the Honor Company program, which is crucial for their continued improvement after Challenge Camp. (Please see our website, which outlines the Honor Company Program).

### CHALLENGE CAMP WEEKEND PACKING CHECKLIST:

- Reusable water bottle that is labeled with the youth's name. Mandatory!
- Sleeping bag/blanket AND Pillow.
- Four sets of clothes that can get wet/dirty/muddy/ruined. Leggings, yoga pants, and tight or revealing clothing are NOT permitted. Please ensure the clothing fits properly. Belts are not allowed. Jeans are not recommended.
- 1 empty trash bag to put wet/dirty clothes into. Mandatory!
- 2 pairs of sturdy shoes and 1 pair of boots or hikers. They WILL get wet/dirty/muddy/ruined.

- Toothbrush, toothpaste, soap, shampoo, towel, and deodorant.
- Winter/Cold Weather: coat, hat, gloves, winter boots. Mandatory!
- Summer: poncho, sunscreen, bug spray.
- Prescribed medications in the original bottle. These items must be forfeited to the medical officer. Do not pack them in your child's bag.

# **PROHIBITED ITEMS:**

- Portable electronic devices, including cell phones.
- Tobacco products, vapes, alcohol, and illegal substances. Lighters, matches. Makeup, belts.
- Magazines, books.
- Watches, jewelry, wallets.
- Food, gum, candy, mints.
- Weapons.

All articles brought to camp will be searched thoroughly. If you have any questions about what to bring, please call the office.

# Important

Campers will be outside 85% of their waking hours. Be prepared for cold, rain, or heat. Pay attention to the weather! During winter months or for severe and inclement weather, many of our initiatives will be moved indoors.

# Address To Chenango Lake Retreat: 6458 Richardson Road Howell, MI 48843 \*\*\* Please DO NOT come to our office location at 833 E. Grand River Ave.

Once you enter the campground, a staff member will help direct you to where you will register your child and assist you in any way. If you need assistance, contact us at (810) 227-0243.