



Dear Parent,

Thank you for contacting Midcourse Correction. We look forward to working with your son or daughter and embarking on the journey to personal, social, and spiritual growth. Please review this packet in its entirety and contact our office with any questions.

Challenge Camps are scheduled once or twice a month throughout the year. The costs associated with each program; Challenge Camp \$495, Level Ground \$200, Honor Company \$350. \$150 for Challenge Camp and Honor Company is nonrefundable in the case of a cancellation. However, this can be used toward a reschedule if needed. All camp dates for the current year can be found on our website www.midcoursecorrection.org

To enroll your son or daughter, please first call the Midcourse Correction office for a quick phone screening. Once the screening is complete, a down payment is required to secure your child a spot for the chosen camp date. Payments are taken by credit or debit card over the phone. After the down payment is received, the Registration and Medical Forms and the remaining payment will need to be submitted by the Wednesday before the scheduled camp.

Enclosed you will find a description of Midcourse Correction Challenge Camp programs, a detailed list of what to bring, the address to Chenango Lake Retreat (campsite), and links to Registration and Medical Forms.

Please note the following times before arriving to camp.

- Registration takes place Friday between 6:00-7:00 pm. on the weekend you selected for your child. Do not arrive before 6:00 pm! Please plan to attend a short orientation starting at 7:00 pm. Once you arrive at the grounds follow the long dirt road back until you reach a hall. A staff member will meet you in the parking lot upon your arrival to assist the child out of the vehicle. **CAMP ADDRESS Chenango Lake Retreat 6458 Richardson Rd, Howell, MI 48843**
- The required Midcourse Correction Parent Session for first time attendees is at 11:00 am on Sunday. This session will be an aid to ensure the success of your child's participation in the program. It is for any parent or family members who support your child daily.
- Graduation and pick up is at 1:15 pm Sunday. If someone other than a legal parent or guardian will pick up your child, we will need a signed note from you on Friday at drop off. Level Ground pick up will be at 8:30 am on Saturday morning.

Thank you for inquiring about Midcourse Correction.

Belay On!

CHALLENGE CAMP PROGRAM BRIEFING

Midcourse Correction runs an outdoor challenge camp for at risk youth. Our lead staff members have over 30 years of experience in various youth programs. Our primary objective is to help campers develop self-efficacy and a more complete understanding of the impact their choices have on themselves and others.

The program is an intense and highly structured 44-hour training, implementing tools such as calisthenics, low rope initiatives, drill and ceremony, knot tying, mentorship, and teamwork. Initiatives touch on topics related to trust, effective communication, overcoming tough obstacles, life transition, household structures, and life balance. A member of our senior staff will run a lecture series throughout the weekend. The following topics will be covered:

[A Life Behind Bars/A Walk Through Jail](#)

This session is given to the campers by a guest speaker who has walked through the life of prison as a teenager into adulthood. The speaker provides lessons, pictures, and stories of what their life will become if they do not change their present behaviors and decision-making.

[True Colors](#)

Campers take a personality assessment in this session. We use the results to discuss and reflect on who we really are instead of who we seem to be.

[What's to Become of Me](#)

This session discusses how all choices have consequences for our future. We emphasize the need to develop our mental, physical, social, and spiritual areas to become balanced.

[Life On the Wire](#)

This creative session is designed to show how positive and negative decisions have impacted participants' lives. We also examine the impact outside sources have had on our lives, such as family and friends.

[What You Believe Is Not What You Think/Anger Management](#)

Focuses on how the world will view us on our actions. Our actions must align with what we say, believe, and value; otherwise, we have only succeeded in fooling ourselves.

[Case Studies](#)

Case studies are read and shared with campers of real-life scenarios that include individuals making the same poor decisions as many of the campers. Please note, these discussions can include many different topics depending on the group present. The discussion can include but is not limited to consequences of using drugs, underage pregnancy, sex trafficking, abstinence, STD/STIs, cyber security, self-love, and self-respect. Staff will evaluate the camper's knowledge of

these topics and if deemed necessary a camper may be removed to complete a separate case study better suited for their maturity level.

DOES IT REALLY WORK?

Midcourse has an 87-93% success rate whether a youth comes from a private or public referral. Midcourse continually collects feedback from parents, campers, family members, friends and probation officers of their experience with Midcourse. With the help of their families, counselors, probation officers, and many others, youth leave Midcourse with a greater sense of self-efficacy and a more complete understanding of the impact of their choices on themselves and others.

GOALS FOR PARTICIPANTS

All Midcourse Correction participants will...

Develop

- Analytical thinking and problem-solving skills.
- Confidence through new experiences and accomplishments.
- Strategies to recognize and curb negative attitudes and actions.
- Strategies to seek support from family, teachers, counselors, coaches, and pastors.

Analyze

- Collaborative skills and coping strategies for facing adversity.
- A variety of appropriate reactions to potentially challenging life experiences.
- Personal strengths and encourage their emotional development.
- Areas of personal, social, and spiritual growth.

Challenge

- Physical and mental abilities to build a strong work ethic.
- False perceptions of self, including low self-esteem and negative self-talk.

CHALLENGE CAMP INCLUDES

- Two nights lodging
- 24-hour supervision by 2-3 staff members
- 5 meals, starting with dinner on Friday through Sunday breakfast
- Weekend evaluation sent to a referral source (parents or courts) within the following week.
- Parent Session begins Sunday at 11:00 a.m. before graduation.
- Camper Evaluation
- Instructors evaluate each participant upon exiting the program in the areas of Attitude, Cooperation, and Effort. The camper must score a 6.0 or higher on a scale of 1 to 10 to pass. Campers who score less than 6.0 are strongly encouraged to return to camp at the next

available camp date. Campers who pass are eligible for the Honor Company program, which is crucial for their continued improvement after Challenge Camp.

ALL PROGRAM COST AND REQUIREMENTS

- The cost of Challenge Camp is \$495 per camper per weekend. We require a minimum payment of \$150 (\$150 non-refundable) deposit to reserve your space, and FULL payment must be paid by Wednesday at 3:00 pm the week of camp.
- The cost for a repeater to attend another Challenge Camp weekend is \$395 per camper per weekend.
- The cost for our Level Ground program that works with our 6-10-year-olds is \$200.
 - Registration and Medical Forms below are also required for Level Ground campers.
- The cost for Honor Company (mentorship program for those who have completed and passed Challenge Camp) is \$350 per youth per camp.
- Registration Form completion required by 3:00 pm the Wednesday of camp. Please follow the link to complete and submit the form <https://form.jotform.com/240505770094050>
- Medical Form completion required by 3:00 pm the Wednesday of camp. Please follow the link to complete and submit the form <https://form.jotform.com/240515890777062>
- This program demands the full participation of all attending youth. Youth who may be physically impaired or limited because of casts, splints, stitches, etc., may be ineligible depending on their injuries. Please discuss any impairments with our office during the phone screening process. We reserve the right to refuse registration of any child that we do not feel will be successful in our program.

HONOR COMPANY

Honor Company is a mentorship program offered for youth who have completed and passed Challenge Camp. Honor Company includes 4 different topics/weekends that are divided throughout the course of the year. These topics include Charity, Integrity, Self Control, and Relationships. Each topic is presented 2-3 times to give multiple chances for the child to attend that topic weekend. If the weekend does not have a minimum of 6 attendees, it may be rescheduled. Once the child has completed all 4 topics, they graduate Honor Company and have the ability to apply to become a Belay Assistant on the Midcourse Correction staff. This is another mentorship program.

PACKING CHECKLISTS

Challenge Camp and Honor Company

Packing for Challenge Camp should be bear minimum.

- Reusable water bottle that is labeled with the youth's name.
- Bedding. Can include sleeping bag or blankets and a pillow. NO STUFFED ANIMALS.
- 3 sets of weather appropriate clothes (shirts, pants, underwear, and socks) that can get dirty! Please note clothes may possibly be ruined. Highly recommend inexpensive clothing

from second hand if the child does not already have grubby clothes. They will be outside much of the weekend in snow, rain, or sun. They will also be completing high levels of calisthenics so active clothing is highly recommended.

- TIGHT AND REVEALING CLOTHING IS NOT PERMITTED. This includes leggings, crop tops, tight or short athletic shorts, spaghetti strap tank tops, etc. Please ensure the clothing fits properly.
- 2 pair of sturdy weather appropriate shoes that can get dirty. Note they will be in water, mud, swamp, or snow. Please no crocs, sandals, slippers, clogs, etc.
- 1 empty trash bag to put wet/dirty clothes into.
- Toiletry items. Toothbrush, toothpaste, soap, shampoo/conditioner, towel, wash cloth, hairbrush, comb, and deodorant. PLEASE SEE THE PROHIBITED ITEMS BELOW.
- Winter/Cold Weather: coat, hat, gloves, and winter shoes.
- Prescribed medications in the original bottle. These items must be forfeited to the medical officer at registration. Do not pack them in your child's bag.

Level Ground

- Reusable water bottle.
- 2 changes of clothes (shirt, pants, underwear, socks) that can get dirty.
- Extra pair of shoes
- Trash bag
- Bedding. Can include sleeping bag or blankets and a pillow. NO STUFFED ANIMALS.

PROHIBITED ITEMS

- Portable electronic devices, including cell phones.
- Tobacco products, vapes, alcohol, and illegal substances.
- Lighters, matches.
- Makeup.
- Belts.
- Magazines, books.
- Watches, jewelry, wallets.
- Food, gum, candy, mints.
- Weapons.
- Perfume, cologne.

All articles brought to camp will be searched thoroughly. If you have any questions about what to bring, please call the office.